

Spring Branch Independent School District  
Health Services  
Guidelines for Student Self-Management of Diabetes at School

**SBISD is fully committed to supporting our diabetic students who desire to carry their supplies and self-manage their diabetes while at school or school events. It is important that parents communicate with the school nurse, teachers, and staff throughout the school year regarding the student's diabetes care. Your school nurse is available to assist both the diabetic student and parent/guardian as needed.**

The safety of all SBISD students is a primary concern of our district staff. For the safety of the diabetic student as well as others, the following guidelines have been developed.

**Please read and review with your student the guidelines listed below. Your signatures on this form indicate that you have read and will follow this important course of action. Return this form to your school nurse.**

- Both parents and physician's signatures are required on the **Diabetic Management and Treatment Plan (DMTP)**, and must be on file in the school nurse's office before the student will be permitted to carry diabetic supplies at school. The DMTP must be renewed at the beginning of every school year.
- Changes, revisions, or updates to the **Diabetic Management and Treatment Plan** may be done when medically necessary with the written, signed request from the parents and physician. Periodic review of the plan will be done by the school nurse, student, and parents to assure compliance.
- The parent/student must supply all diabetic equipment. The school does not stock reserve supplies. **Parents will provide the school nurse with a secondary supply of emergency equipment** (e.g. glucometer, lancets, and Glucagon) in the event the student becomes ill and personal equipment is not available.
- Students will not share their equipment with other students. Stolen or missing supplies should be immediately reported to the school nurse. **Spring Branch ISD is not liable for lost, stolen, or damaged supplies.**
- Students are required to carry and properly use a personal sharps disposal container, and should care for puncture sites and blood in such a way that others are not inadvertently exposed to the blood products.
- Diabetic supplies will be properly stored and kept in the student's direct possession at all times so that other students can not easily access them. Supplies will not be kept in personal lockers or desks. (The exception would be when equipment is in the possession of a staff member).
- Equipment will be stored in a safe manner so other students and staff are not exposed to sharps or blood and supplies are not damaged or lost.
- Snacks will not be shared with peers at any time and should only be an appropriate form of carbohydrate as identified in the DMTP.
- Students are expected to test and treat symptoms in class in the least disruptive manner possible. A nearby staff member should be notified immediately if a student becomes ill or feels they may need assistance. **Please do not hesitate to ask for assistance.**

***These guidelines apply to all school related activities. Due to the potential risk of harm to self or others that could arise from mismanagement, infractions of these guidelines may be referred for disciplinary action.***

Parent Signature:	Date:
Student Signature:	Date:

**Spring Branch Independent School District  
Health Services  
Physician's Authorization for Student Self-management of Diabetes**

Appropriate candidates for **diabetes self-management** should be responsible individuals who are able to:

- treat low blood sugars quickly and appropriately
- record blood glucoses, urine ketones and insulin doses
- report blood glucose variations to school staff

\_\_\_\_\_ and family have been instructed in the proper self-management of  
(Name of Student)  
diabetes including:

- blood glucose testing
- insulin administration, storage and care
- emergency treatment, including the use of fast acting carbohydrates and Glucagon
- proper disposal of sharps and blood-soiled items

I have completed and attached a *Diabetic Management and Treatment Plan (DMTP)*, which includes physician directives for:

- blood glucose testing
- urine ketone testing
- appropriate response to abnormal blood sugar levels
- identification of and appropriate response to emergency conditions
- diabetic medications including insulin (if applicable at school) and Glucagon

In my professional opinion, this student should be allowed to carry diabetes supplies, including lancets and syringes, on his/her person, as well as to self-administer and manage diabetes testing and treatment while at school or school related events. The student is capable of appropriate disposal of sharps (needles and lancets) in accordance with the safety standards established by the school district.

In my professional opinion, this student should not be allowed to carry diabetic related equipment on his/her person while at school or school related events.

Physician Signature:	Date:
Printed MD Name:	
Physician's Phone Number:	

I agree with the physician's recommendations as noted above and have informed my child.

Parent's Signature	Date:
Printed Parent's Name:	